

the gatehouse

a safe place where everyone has a voice

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FEATURED THIS ISSUE:

**GATEHOUSE
15TH
ANNIVERSARY
CELEBRATION** 1

**ANNIVERSARY/
ILLUMINATING
SILENCE MOVIE
PREMIERE** 2

**GATEHOUSE
FACILITATORS
ODD HABITS** 2

**VOLUNTEER
PROFILE:
ANDREW
MORRIS** 3

**LAMP
COMMUNITY
SERVICE
AWARDS** 3

**KUNG-FU
LESSONS WITH
BRAD
HUTCHINSON** 4

**PARTNER
SUPPORT
GROUP STARTS
AT GATEHOUSE** 4

Formal Affair for Gatehouse 15th Anniversary

Gatehouse community gathers to celebrate anniversary & movie premiere

Looking fresh off the red carpet in stunning glamour attire, 175 Gatehouse members and supporters packed into the Assembly Hall June 25 to enjoy an evening of dual celebration for The Gatehouse's 15th Anniversary and the premiere of "Illuminating Silence".

The evening included emotionally-charged speeches from volunteers and members positively affected by The Gatehouse, which led into the movie screening depicting first-hand stories of triumph over abuse.

The beautiful celebration highlighted volunteer dedication, community support and raising awareness of The Gatehouse and its efforts to end child abuse on the planet.

The Gatehouse thanks all who attended as well as those who made the evening possible such as Humber College School of Social and Community Services, Rabba Fine Foods, Nova Era Bakery and the countless volunteers who helped out with the wonderful event.



TOP: The delicious anniversary cake made by Nova Era Bakery. RIGHT: Gatehouse members pass for movie stars at the 15th Anniversary/Movie Premiere.



CONTINUED ON PAGE 2

Smiling faces at Illuminating Silence premiere



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LEFT: (L to R) Abdul, Stephanie, Arthur, Frank and Louise enjoy conversation inside the Assembly Hall during the 15th Anniversary Celebration.



LEFT: Gatehouse's Paula Cordeiro and James Buffin take a moment out before the movie premiere, which Buffin produced.

ABOVE: Guests enjoy the sunshine beaming through the Assembly Hall during the reception of "Illuminating Silence".

FACILITATORS ODD HABITS!!!



• **MARK:** I ONLY FACE FORWARD & SIT ON FAR LEFT WHEN TAKING TRANSIT.

• **DEB:** I ALWAYS PUT THE RIGHT SHOE/GLOVE/ SKATE ON FIRST. IT'S AN OLD SPORT SUPERSTITION.

• **ANDREW:** I HAVE TO REMEMBER NOT TO HUM WHEN I'M EATING IN COMPANY.

• **LEAH:** MY ENTIRE CLOSET IS ARRANGED BY COLOUR AND SHADE.

• **ANDREW:** I HAVE TO PRESS THE "LOCK CAR" KEY TWICE (ALWAYS).

• **MARIA:** I TWIRL MY HAIR WHEN I'M REALLY STRESSED OUT.

• **PAULA:** I PUT MY HANDS TOGETHER LIKE MR. BURNS SAYING "EXCELLENT" WHENEVER I'M THINKING REALLY HARD.



2013 FUNDRAISING TARGET: \$160,000

THANK YOU TO OUR RECENT CONTRIBUTOR:S

City of Toronto \$21,230 /Hedge Funds \$15,000/ Toskan Casale Foundation \$5,000

We're on the web!

www.thegatehouse.org

Facilitators receive LAMP's Award of Merit

Volunteer Facilitators from The Gatehouse received a well deserved pat on the back June 4th after being selected as recipients of LAMP's Award of Merit.

Members of The Gatehouse were on hand to accept the community service award on behalf of all Gatehouse facilitators during LAMP Community Health Centre's 14th annual Award of Merit Ceremony, which also included dinner and entertainment.

The Award of Merit is presented to citizens who live, work, volunteer or own a business operating in Lake Shore, or whose direct or indirect involvement has had a positive impact on the community.

The award recognizes individuals, groups or organizations for the role they have had in building a healthy Lake Shore community.

A total of 30 Gatehouse Volunteer



Gatehouse Executive Director Arthur Lockhart holds up LAMP's Award of Merit.

Facilitators received the award, which was mailed to those not in attendance.

*THANK YOU FOR ALL YOUR SUPPORT
AND CONGRATULATIONS!*

Want to help? How to Donate...

Donate Online: To Donate Online, please visit www.canadahelps.org It is a secure site for credit card donations. Please search for The Gatehouse.

Donate to The Gatehouse at:



Donate by Mail: For Donations by Mail, make a cheque payable to The Gatehouse and mail to address on front page. Include your info to receive a tax receipt.

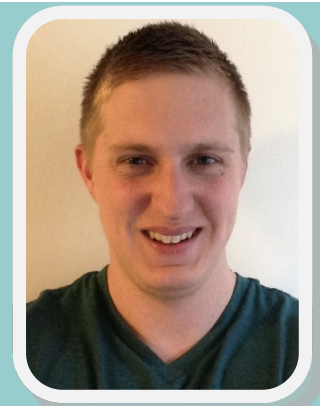
UPCOMING EVENTS

- Facilitator Training (Jul 26-27 & Oct)**
 2-day training course for those interested in beginning Adult Support Group Facilitators.
- Holiday Potluck (TBA)**
 Night of thanks for staff and volunteers.

Crime Fighters



(L to R) Gatehouse's James Buffin, Maria Barcelos and Paula Cordeiro (far right) at the Moving the Conversation Forward for Victims of Crime Forum in Ottawa, hosted by Sue O'Sullivan (second from right), Federal Ombudsman for Victims of Crime.



MEET OUR VOLUNTEERS:

ANDREW MORRIS

When it came time for Humber College student Andrew Morris to choose a work placement as part of his 3rd year Criminal Justice Degree Program, he knew exactly who to turn to; his teacher Arthur Lockhart (Executive Director at The Gatehouse).

"Art was my teacher and was always talking about The Gatehouse, so I knew I wanted to get involved," said Andrew, whose long-term ambition is to become a K-9 Officer. "They do great work in the community."

Andrew quickly became part of The Gatehouse family after his placement began in April and said the staff and volunteers welcomed him with smiles from day one.

"When you walk in, there's such a positive energy," said Andrew, who resides in Burlington. "The people there can always lighten your mood after a bad day."

While his 2-month placement had him primarily working on a research paper and The Gatehouse Network International which connects agencies abroad in an effort to stop sexual abuse, Gatehouse staff also felt Andrew stood out for another role.

"The staff recommended I become a peer-led facilitator, so I took the training and I now facilitate the young men's group," said Andrew, adding, "It has been an amazing experience and I plan on continuing to work with The Gatehouse going forward."

Partner Support Group aims to share healing

The Gatehouse is gearing up to start its first 8-week Support Group for Partners Program, with hopes of creating a positive and healthy dialogue between adult survivors of childhood sexual abuse and their loved ones.

The program is open to any support persons of the survivors, including spouses, family, friends, etc.

The 'aha' moment which triggered the idea for program came during a discussion between a survivor and their loved one.

"The light bulb moment happened during an



intake meeting for someone looking to join our Adult Support Program," said Gatehouse's Maria Barcelos.

"The spouse wanted to understand what to expect from the program and how their partner would

change as a result. It was then we realized that many support people probably had the same questions and were looking to understand the trauma, as well as be a part of the healing.

Contact us at the number below for more information on the program.

YARD SALE

RAISES \$711

It was a big success at the annual Yard Sale June 19, with a total of \$711 raised.

Community members donated a variety of items for The Gatehouse to sell from appliances to clothes and toys.

Hot dogs and pop were also sold.

THANK YOU TO THE VOLUNTEERS AND COMMUNITY FOR YOUR SUPPORT!

Chosen Gems of the Lake Shore

(L to R) Gatehouse members Stephanie Alves, Maria Barcelos and Paula Cordeiro (far right) at the Gem of the Lake Shore Awards May 13 at The Assembly Hall.



The awards night recognizes local businesses and social services agencies in Etobicoke who provide excellent customer service and support services to the community.

The nominations from the

event were resented by M.P.P. Laurel Broten (second from right).

The Gatehouse would like to thank Ms. Broten, the Judges and our supporters for their recognition.

Gatehouse learns Kung Fu from Instructor Brad Hutchinson

What better way to learn Kung Fu than by the master himself! This is exactly what Gatehouse members were treated to June 17 when Instructor Brad Hutchinson provided step-by-step lessons (including proper form and timing of the movements) of Shaolin Kung Fu.

The enhanced concentration developed helped students and staff reduce stress, heighten awareness, increase strength and improve health.

Shaolin Kung Fu is meditation in motion. The movements promote holistic health by connecting the mind and body.

Thanks Brad Hutchinson for the great lesson!



ABOUT US

The vision of *The Gatehouse* was the creation of one man, Arthur Lockhart. Arthur had a dream to give all survivors a place to tell their stories, to give them back their voices, to heal their wounds and to inspire them to see their own potential. In 1998, that dream became a reality and the Gatehouse has been open for children, teens and adult sexual abuse victims ever since. Visit our website for more info.

"Having the opportunity to meet such strong and courageous individuals through the Support Group Program is a blessing. It reminds me how strong we all are, how far I have come in my own journey and that nothing is impossible. The Gatehouse provides the space for that to happen, a place that is safe, warm and welcoming for everyone. The Gatehouse is a place where lives are changed."

TESTIMONIAL

-Female Participant

CREATED BY LEAH IVERSON

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