

The Gatehouse

2021 ANNUAL REPORT



Follow us on social media:

Twitter: @Gatehouse_The

Facebook: @TheGatehouseChildAbuseInvestigationSupportSite

YouTube: <https://www.youtube.com/user/GatehouseThe?feature=>

Instagram: @thegatehousetoronto

The Gatehouse
3101 Lakeshore Blvd W
Toronto, ON
M8V3W8
www.thegatehouse.org
CRA#: 869730648 RR 0001

*"When I began group, I carried a heavy burden. It weighed me down. During my journey with the Gatehouse, I met people I never would have met, created strong connections, and heard their stories. I now carry their burdens as well. Surprisingly, I am not laden down, I am lighter. I am free. I am stronger. I am empowered. I am forever grateful to the Gatehouse and the wonderful people who helped me heal. I am forever changed."
- Program Participant*

MESSAGE FROM OUR BOARD CHAIR SABRA DESAI, MSW, RSW

I am delighted to have an opportunity on behalf of The Gatehouse to share the wonderful work that we have accomplished in 2021. The Gatehouse Staff is preparing to resume offering some of our services in-person on-premises while continuing to provide some programs remotely. To prevent the continuing abuse and harm of children within our communities, awareness, education and collaboration are essential through partnerships. At The Gatehouse we are determined to stand together with adult survivors of CSA, recognizing our shared humanity and fighting to prevent childhood abuse and sexual abuse by increasing awareness and consciousness. Hence it is the Board's goal to embrace, enhance and broaden the awareness of The Gatehouse's mission not only through raising awareness but also by building on partnerships to increase public engagement on the critical social issue of child sexual abuse locally, nationally and globally.



As you may know, new corporate legislation for Ontario not-for-profit corporations came into effect last fall. All Ontario not-for-profit corporations have three years to 'transition' to the Ontario Not-for-profit Corporations Act, 2010 ("ONCA") and this process must be completed by October 18, 2024. This 'transition' is purely a corporate regulatory matter. It does not have anything to do with Gatehouse's charitable status. The board of directors has decided that, because of the amount of work involved, it would be better for us to start this project as of September 2022 and have all documents ready to present to the members at the 2023 annual meeting in June. At the 2023 annual meeting, you will be asked to confirm the approval of the documents needed to complete the transition. These documents include articles of amendment to update the Gatehouse's letters patent, and a new by-law that complies with ONCA. The board of directors has hired a lawyer experienced with not-for-profit and charity law to help with this process. Over the coming months, we will work with this lawyer to review Gatehouse's corporate documents, including its by-laws, understand what must be changed, determine matters we might want to change, and then prepare the necessary documents.

During this process, if there are matters that will need to be changed that affect the members or we decide we have to make some big changes to the governance structure of the Gatehouse because of this transition, we will communicate these changes to you in writing well in advance of asking you to approve the corporate documents so that you are aware of what we may need to do and why.

The Gatehouse Opened June 20, 1998, Celebrating 24 years!!
Check out www.thegatehouse.org for the most up to date information about our programs and services.

MESSAGE FROM OUR EXECUTIVE DIRECTOR MARIA BARCELOS, MA, RP (QUALIFYING)

2021 saw a year of continued progress for The Gatehouse as we achieved many successes on behalf of survivors of Childhood Sexual Abuse (CSA). Since March 2020, all peer support group programs transitioned to virtual spaces, including adapting peer facilitator training workshops for online service delivery. The Gatehouse offered 45 peer support group programs in 2021. The 6-week self-care program continues to be a meaningful response to the pandemic's negative impact on mental health experienced by survivors. We commenced hosting graduate counselling students to be able to deliver accessible counselling sessions for survivors. Thank you graduate student, Tara Fiodorowicz, M.A., Registered Psychotherapist (Qualifying) for providing 383 counselling sessions to 30 survivors in 2021.



We continue our partnership with Full Circle Art Therapy Centre to provide art therapy programs for adult survivors. Renovations to The Gatehouse basement for art therapy, office, and storage purposes are scheduled to commence in the summer of 2022. Thank you, Lloyd, Jay, and Stewart, for coordinating this process.

We were not able to host our annual Healing the Voice Within fundraiser again this year due to the pandemic. We are grateful for the Canada Emergency Wage Subsidy program that continued to provide financial support, the tremendous support of our individual donors and corporate donors including Mackenzie Investments, LiUNA Local 183, The Blue Tie Ride, for their generosity and support. Furthermore, in 2021, The Gatehouse was the recipient The Government of Canada's Healthy Communities Initiative grant, totaling \$80,000 in 2021. We could not do this work without you.

The Healing Garden and Labyrinth continue to provide spaces of healing, peace and hope to the community. Thank you to Lloyd, Diane, Jose Sr., Joe Jr., and Johnny for your continued support in keeping these spaces beautiful for everyone to enjoy.

The Gatehouse, with the incredible support of our student team, continues to reach out to community national and international organizations to share about our programs, impart wisdom, and instill the importance of self-care. The continued development in the key areas of adult programs, peer facilitator training, and transformational learning processes will remain a core competency of The Gatehouse.

Throughout the pandemic, The Gatehouse continues to be a safe space for children and families to receive support from the Catholic Children's Aid Society of Toronto through our partnership. The Gatehouse continues to provide students from college and university the opportunity to complete field placement experience hours from various colleges and universities with over 220 students completing a practicum since 2012.

The Gatehouse Board Members, donors, volunteers, and staff at The Gatehouse are truly saving and transforming lives.

2021 PROGRAM STATISTICS

PARTNERS PROGRAM

#one-day workshops: 0
participants: 0
#volunteers: 3
Partners only Meetings: 7



YOUNG ADULT GROUPS

8 Week Groups: 3
participants: 11

SELF-CARE GROUP

Groups: 3
participants: 28



TRAINING

ASIST Suicide Intervention
#2 Day Workshops: 0
#ASIST Trainees: 0

Facilitator Training
#Peer Facilitator: 3
Persons Trained: 35



CONFERENCE

- 69 unique participants (with 50 of these attending more than two sessions during the week!)
- 12 webinars delivered featuring 22 guest speakers in total
- 12 of the webinars were live-streamed to The Gatehouse Facebook and YouTube social pages.

ADULT GROUP PROGRAMS PHASE 1 & 2

#Intakes: 223
Total Groups Offered - 29
Phase 1 - 15 weeks: 23
Phase 2 - 16 Weeks: 6



Phase 1 Program Completes
Total Participants: 126
Women: 94
Men: 28
Trans: 4



Phase 2 Program Completes
Total participants: 40

ART THERAPY

#groups: 2
#participants: 16
#volunteers: 5



STAFF & VOLUNTEERS

#Full Time Staff: 3
#Paid Summer Students: 3
Part Time Staff: 3

#Total Volunteers: 65
#PH1 Facilitators: 40 (#Men: 9, # Women: 25
#Trans: 6)
#Student Placements Completed: 18
#individual peer support facilitators: 7

2021 Staff & Volunteer Hours

- Phase 1 - Volunteers 2070
- Phase 2 - Volunteers 576
- Art Therapy - Volunteers 40
- Estrangement - Volunteers 60
- Debrief Staff hours - 211

Volunteer Spotlight 2021
BOARD OF DIRECTORS

1. Sabra Desai, Chair
2. Lisa Crooker, Co-Chair
3. Gigi D'Souza, Treasurer
4. Jeanette Emery, Secretary
5. Nilmini Perera, Director
6. Carol Smith, Director
7. Mark Davidson, Director
8. Sareena Khatkur, Director

The Gatehouse



Fundraising

BLUE TIE RIDE

Blue Tie Ride

Thank you to the Blue Tie Ride team, event sponsors, and supporters who took part on August 8th, 2020. In lieu of a group ride in 2021, Blue Tie Ride team continued to host a poker run. The run started at Barrie Harley-Davidson. Thank you to Local 675 for sponsoring the event, which raised \$4,000 for The Gatehouse! The 2022 ride is taking place next year on August 20th, 2022!

Blue Tie Ride was founded in 2011 by Raumar Bustamente and Dolly Betancourt who both share a passion for raising funds and awareness for prostate cancer and childhood sexual abuse. Net proceeds go to both Prostate Cancer Canada and The Gatehouse Child Abuse Investigation & Support Site. For more information please visit <https://www.bluetieride.ca/>

Fundraising

SCOTIABANK WATERFRONT MARATHON



The Scotiabank Toronto Waterfront Marathon Virtual Race took place in October 2021 providing registrants with the flexibility of choosing a date and time to complete the event! The Gatehouse members walked/ran The Scotiabank Toronto Waterfront 5K and raised \$1,075.

Each year we take part to raise awareness of the impact of childhood sexual abuse and the work of The Gatehouse in helping survivors to transform their lives from a place of capacity, hope, and resilience. We are truly grateful to our supporters, staff and volunteers who took part in the event. We could not do this without your support! Join us in 2021!

Petition

LOVERIN'S LAW



Charmaine Loverin is a Mom, Peer Facilitator, Mental Health Advocate and Author of her autobiography - GOD WTF!.

For the past several years, Charmaine has dedicated her energy to petitioning the Ontario Government to put forth Loverin's Law. This legislative process has not been easy, despite all the challenges she has been through, she kept moving forward to ensure that this becomes a reality. She needs your support today. Please sign the petition visit <http://cfmht.ca/advocacy/>

Congratulations Charmaine on your new book The Injustice in Justice: A Forensic Look at Revictimization

Events

10TH ANNUAL TRANSFORMING TRAUMA CONFERENCE



Nov. 15 to Nov. 19, 2021 - The 11th Annual Transforming Trauma into Triumph Conference, which took place during National Victims and Survivors of Crime Week, Monday, was centered around the theme of "The Power of Collaboration."

The Conference featured 21 featured sessional speakers and 12 webinar presentations! This event gathered social agencies, first responders, and survivors of trauma to exchange ideas and evidence-based approaches to prevent and treat the symptoms and impact of childhood sexual abuse.

Read full report [here](#)



2021 Financials

THE GATEHOUSE CHILD ABUSE INVESTIGATION AND SUPPORT SITE
(Operating as The Gatehouse)
 Statement of Operations
 Year Ended December 31, 2021

	2021	2020
REVENUES		
Donations and fundraising	\$ 199,924	\$ 119,709
Government and related agency grants <i>(Note 9)</i>	85,207	46,306
Government assistance <i>(Note 11)</i>	52,704	74,378
Other	10,262	5,959
Amortization of property and equipment grants <i>(Note 6)</i>	6,139	6,140
Training and workshop fees	5,796	15,005
	<u>360,032</u>	<u>267,497</u>
EXPENSES		
Support services <i>(Note 10)</i>	203,243	171,613
Office and general	37,802	42,939
Amortization of property and equipment	14,390	15,660
Conference	3,702	6,068
Special events	505	1,343
	<u>259,642</u>	<u>237,623</u>
EXCESS OF REVENUES OVER EXPENSES	<u>\$ 100,390</u>	<u>\$ 29,874</u>

Full Financial statements available at
<https://thegatehouse.org/about-us/annual-reports-and-financial-statements/>

Thank you to our donors



MACKENZIE
Investments



The Canada Healthy Communities Initiative
Funded by

Canada



Blue Tie Ride



LiUNA!
LOCAL 183

Feel the Power

Thank you to our Staff Team

**Maria Barcelos, MA, Executive Director,
& Registered Psychotherapist (Qualifying)**

**Paula Cordeiro, MA,
Registered Psychotherapist (Qualifying)**

**Karen MacKeigan, RSW, BA, DAMHW, DECE,
Program Assistant,**

**Jasmine Lem, BSc., BSc.FCSS,
Diploma in Social Work, Program Assistant**

**Stewart Thompson, BAS,
Program Assistant**

**Thank you MPP Christine Hogarth for
the wonderful acknowledgment of
www.thegatehouse.org staff for their
invaluable work in our community
supporting survivors of childhood
sexual abuse #trauma Maria,
Jasmine, Stewart, Paula, and Karen!**

#thegatehousetoronto

*Thank
You*

