

The Gatehouse

2020 ANNUAL REPORT



Follow us on social media:

Twitter: @Gatehouse_The

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The Gatehouse
3101 Lakeshore Blvd W
Toronto, ON
M8V3W8
www.thegatehouse.org
CRA#: 869730648 RR 0001

"I feel this has made the biggest impact on my life. It has helped me see things in a different light. What a difference. I have learned I have to keep reaching out and seeking support." - Program Participant

OUR VISION & MISSION

Vision: A future where those impacted by childhood sexual abuse can heal and reclaim their voices.

Mission: To provide support, community, and resources for those impacted by childhood sexual abuse.

MESSAGE FROM OUR BOARD CHAIR SABRA DESAI, MSW, RSW



The Gatehouse is located within the traditional and treaty lands of the Mississaugas of the Credit. Known as Adoobiigok [A-doe-bee-goke], the “Place of the Black Alders” in Michi Saagiig [Mi-Chee Saw-Geeg] language, commonly known as Etobicoke. The region is uniquely situated along the Humber River Watershed, which historically provided an integral connection for Anishinaabe [Ah-nish-nah-bay], Haudenosaunee [Hoeden-no-shownee], and Wendat [Wine-Dot] peoples between the Ontario Lakeshore and the Lake Simcoe/Georgian Bay regions. Now home to people of numerous nations, Adoobiigok continues to provide a vital source of interconnection for all.

At The Gatehouse, as you all know, our values include community, connectivity, compassion, and relationships, as such we express our gratitude to Indigenous Peoples, for making it possible for us all to share this land and commit to taking the responsibility of the co-stewardship of the land seriously. June is National Indigenous History Month, we commit to acknowledging, not only in June, but throughout the year the rich heritage and diverse First Nations, Metis and Inuit Peoples cultures. While acknowledging Indigenous cultures and contributions, we would be remiss to not recognize the ongoing impact of intergenerational trauma, the loss of children and generations to the brutal residential school system. At The Gatehouse we acknowledge and commit ourselves to honouring the struggles of Indigenous Peoples, by supporting the recommendations of the Truth and Reconciliation Commission as well supporting the calls for justice by the families of Missing and Murdered Indigenous Women, and fighting against anti-Indigenous racism.

I am delighted to have an opportunity on behalf of The Gatehouse to reach out to all of you particularly as we are continuing to provide services remotely at this time. The pandemic has given many of us a chance to step away from our hectic lives, but it has also exposed our fragility and vulnerability as well as amplifying many injuries and injustices in our midst. But it has also showed how we can adapt, and most importantly our connectivity for example At the Gatehouse we have continued to provide peer support groups via zoom. At the societal level continue to witness a global response to racial, sexual and social injustices.

"I am thankful programs like this are offered and that The Gatehouse exists. There is a lack of available programming and many people benefit from The Gatehouse" - Program Participant

MESSAGE FROM OUR EXECUTIVE DIRECTOR MARIA BARCELOS, MA, BA

2020 saw a year of rapid transition and progress for The Gatehouse as we continue to achieve many successes on behalf of survivors of Childhood Sexual Abuse (CSA). Since March 2020, all peer support group programs transitioned to virtual spaces, including adapting peer facilitator training workshops for online service delivery. The Gatehouse offered more than 50 peer support group programs in 2020 and introduced a 5-week self-care program as a response to the pandemic's negative impact on mental health experienced by survivors.



We continue our partnership with Full Circle Art Therapy Centre to provide art therapy programs for adult survivors. Renovations to The Gatehouse basement for art therapy, office, and storage purposes were postponed and will continue when public health restrictions allow us to do so.

The Gatehouse was not able to host our annual Healing the Voice Within fundraiser this year due to the pandemic. We are grateful for the Canada Emergency Wage Subsidy program that provided financial support, the tremendous support of our individual donors and corporate donors including Mackenzie Charitable Foundation, LiUNA Local 183, The Blue Tie Ride, for their generosity and support. We could not do this work without you.

The Healing garden and the Labyrinth continue to provide spaces of healing, peace and hope to the community. Thank you to Lloyd and Diane for your continued support in gardening.

The Gatehouse, with the incredible support of our student team, continues to reach out to community organizations to inform them about The Gatehouse programs, impart wisdom, and instill the importance of self-care. The continued development in the key areas of adult programs, peer facilitator training, and transformational learning processes will remain a core competency of The Gatehouse. Throughout the pandemic, The Gatehouse continued to be a safe space for children and families to receive support from the Catholic Children's Aid Society of Toronto through our partnership.

The Gatehouse continues to provide students from college and university the opportunity to complete field placement experience hours from various colleges and universities with over 200 students completing a practicum since 2012.

The Gatehouse Board Members, donors, volunteers, and staff at The Gatehouse are truly saving and transforming lives.

The Gatehouse Opened June 20, 1998, Celebrating 23 years!!
Check out www.thegatehouse.org for the most up to date information
about our programs and services.

2020 PROGRAM STATISTICS

PARTNERS PROGRAM

#one-day workshops: 1
participants: 10
#volunteers: 4
Partners only Meetings: 22



YOUNG ADULT GROUPS

8 Week Groups: 0

TRAINING

ASIST Suicide Intervention
#2 Day Workshops: 1
#ASIST Trainees: 22



Facilitator Training
#Peer Facilitator: 2
Persons Trained: 22
#PH2 Sessions: 1
#Persons Trained: 12



CONFERENCE

- 239 unique participants (with 139 of these attending more than two sessions during the week!)
- Most participants attending via computer (226) vs. Phone (13)
- 14 webinars delivered featuring 26 guest speakers in total
- Attendees from Canada, United States of America, Peru, Portugal, Republic of Korea, Philippines and India

CONGRATS IAN!



Ian Kelly,
Peer Facilitator
Recipient of 2021 Victims Services
Award of Distinction

2020 Staff & Volunteer Hours

- Phase 1 - Volunteers 1440
- Phase 2 - Volunteers 704
- Art Therapy - Volunteers 40
- Estrangement - Volunteers 60
- Debrief Staff hours - 200

ADULT GROUP PROGRAMS PHASE 1 & 2

#Intakes: 146
Total Groups Offered - 45
Phase 1 - 15 weeks: 34
Phase 2 - 16 Weeks: 11



Phase 1 Program Completes
Total Participants: 123
Women: 92
Men: 31



Phase 2 Program Completes
Total participants: 55

ART THERAPY

#groups: 2
#participants: 10
#volunteers: 5



STAFF & VOLUNTEERS

#Full Time Staff = 3
#Paid Summer Students = 3
#PH1 Volunteer Facilitators : 55
#Men: 18
Women: 37
#Trans = 1
#Student Placements Completed = 15
Total Volunteers: 67

Volunteer Spotlight

BOARD OF DIRECTORS

1. Sabra Desai, Chair
2. Lisa Crooker, Co-Chair
3. Gigi D'Souza, Treasurer
4. Jeanette Emery, Secretary
5. Nilmini Perera, Director
6. Carol Smith, Director
7. Mark Davidson, Director
8. Sareena Khatkur, Director

The Gatehouse

Fundraising BLUE TIE RIDE



Thank you to the Blue Tie Ride team, event sponsors, and supporters who took part on August 8th, 2020. In lieu of a group ride in 2020, Blue Tie Ride team hosted a 5 stop poker run. The run started at Barrie Harley-Davidson and ended in Keswick, Ontario. Thank you to Local 675 for sponsoring the event, which raised \$4,000 for The Gatehouse!

Blue Tie Ride was founded in 2011 by Raumar Bustamente and Dolly Betancourt who both share a passion for raising funds and awareness for prostate cancer and childhood sexual abuse. Net proceeds go to both Prostate Cancer Canada and The Gatehouse Child Abuse Investigation & Support Site. For more information please visit <https://www.bluetieride.ca/>

Fundraising SCOTIABANK WATERFRONT MARATHON



The Scotiabank Toronto Waterfront Marathon Virtual Race took place from October 1st - November 21st, 2020 providing registrants with the flexibility of choosing a date and time to complete the event! The Gatehouse members walked/ran The Scotiabank Toronto Waterfront 5K and raised \$1,809.46. Each year we take part to raise awareness of the impact of childhood sexual abuse and the work of The Gatehouse in helping survivors to transform their lives from a place of capacity, hope and resilience. We are truly grateful to our supporters, staff and volunteers who took part in the event. We could not do this without your support! Join us in 2021!

Petition LOVERIN'S LAW



Charmaine Loverin is a Mom, Peer Facilitator, Mental Health Advocate and Author of her autobiography - GOD WTF!.

For the past several years, Charmaine has dedicated her energy to petitioning the Ontario Government to put forth Loverin's Law. This legislative process has not been easy, despite all the challenges she has been through, she kept moving forward to ensure that this becomes a reality.

She needs your support today. Please sign the petition visit <http://cfmht.ca/advocacy/>

Events

10TH ANNUAL TRANSFORMING TRAUMA CONFERENCE



Nov. 22 to Nov. 27, 2020 - The Gatehouse 10th Annual Transforming Trauma into Triumph Conference (hosted virtually). 14 webinars, 26 presenters and 239 attendees from different geographical locations were present including Canada, The United States of America, Portugal, The Republic of Korea, India, Portugal and Peru throughout the fantastic week of events! We are extremely grateful to all of the wonderful line-up of presenters for their sincere dedication, positive energy and effort in terms of raising awareness regarding the impact of childhood sexual abuse and various type of trauma associated with same, the prevalence of Human Trafficking, eating disorders, suicide rates and prevention strategies, benefits of somatic experiencing, managing stress and anxiety, and application of trauma-informed yoga and mindfulness-based practices. This event was kindly and generously funded by: The Department of Justice Canadas' Victims and Survivors of Crime Week. [Read full report here](#)

The Gatehouse Celebrates 23 years!

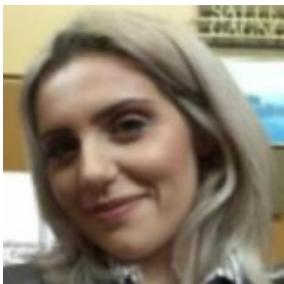
Thank you to our donors and supporters

It is an absolute gift to transform our supportive services into an online platform as this facilitated the conditions for The Gatehouse staff to continue doing all the essential and highly meaningful work that we are doing with humanity and the planet. I feel profoundly honored and grateful to work with Maria, Stephanie, Sabra, Arthur, and our amazing Gatehouse team, including our brilliant student interns, volunteers, and our magnificent and supportive Board of Directors. I acknowledge you all. I am proud of the exceptional, like-minded human beings that I have the fortunate privilege of working collaboratively with. Go amazing Gatehouse team go! I look forward to continuing to constructively empower survivors to find their voices, create their own stories and unfold their meaningful life paths, and positively transform lives for the overall betterment of humanity and our lovely home planet with you all. Thank you for your tireless efforts and sincere dedication to supporting humanity, Gatehouse team! A special "Thank You" to our wonderful donors/funders as well for your invaluable financial contributions as this is highly essential for us to continue doing all of the much-needed work we are doing with humanity. The Gatehouse is the "Heart" of planet earth because we make it so. With utmost gratitude and great respect.



Paula Cordeiro, MA
Program Coordinator
YAP/PH2/ASIST Trainer

***Thank you to
our donors***



Stephanie Alves, BA
Program Coordinator
Women's Programs

I would like to express my sincere appreciation and gratitude to all of the wonderful members of The Gatehouse that have made invaluable contributions in helping others in their healing journey. The compassion you all continue to show to the people we serve is an inspiration for us all. I am sincerely grateful and honored to continue serving alongside all of you and let us continue to work towards a better creating a better world for those in need of healing.



Arthur Lockhart,
Founder Emeritus

Because of the extraordinary work of everyone connected to the Gatehouse, children, youth, adults no longer have to suffer in silence.

Because of all of you there is a magical place where people can go to reclaim their voice, reclaim their personal story, and in so doing, create ways to authentically transform trauma into triumph.



MACKENZIE
Investments



LiUNA!
LOCAL 183
Feel the Power



2020 Financials

THE GATEHOUSE Statement of Operations Year Ended December 31, 2020

| | 2020 | 2019 |
|---|------------------|----------------|
| REVENUES | | |
| Donations and fundraising | \$ 119,709 | \$ 220,546 |
| Government assistance (Note 1) | 74,378 | - |
| Government and related agency grants (Note 8) | 46,306 | 47,590 |
| Training and workshop fees | 15,005 | 22,125 |
| Amortization of property and equipment grants | 6,140 | 6,140 |
| Other | 5,959 | 6,349 |
| | 267,497 | 302,750 |
| EXPENSES | | |
| Support services (Note 9) | 171,613 | 200,943 |
| Office and general | 42,939 | 47,144 |
| Amortization of property and equipment | 15,660 | 15,660 |
| Conference | 6,068 | 4,245 |
| Special events | 1,343 | 33,977 |
| | 237,623 | 301,969 |
| EXCESS OF REVENUES OVER EXPENSES | \$ 29,874 | \$ 781 |

Full Financial statements available at
<https://thegatehouse.org/about-us/annual-reports-and-financial-statements/>

Thank you to our donors

