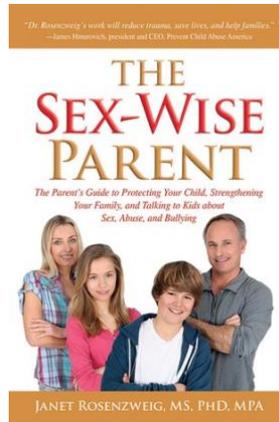


For Parents



Title: The Sex-Wise Parent

Author: Janet Rosenzweig

Year: 2012

Summary:

If your kids aren't learning about sex from you, what are they learning about sex, and who is teaching them? Having "the talk" with your child does not have to be a terrifying and awkward event. Armed with *The Sex-Wise Parent*, Dr. Janet Rosenzweig's groundbreaking book, you may find you never have to have "the talk."

Dr. Rosenzweig shows you how you can help protect your children from sexual abuse, trauma, and bullying through your everyday interaction with them. She'll walk you through the steps you can take to combine your own family's values with age-appropriate information for children at all stages of development. And she'll show you how to do it in a way that will improve the trust and communication between you and your child.

Dr. Rosenzweig applies her decades of experience in child abuse prevention, sexuality education and family service to help you identify the real threats to your children's safety and protect them from becoming victims of sexual misinformation or exploitation at any age. From choosing a child's first daycare to meeting the multimedia challenges of adolescence, *The Sex-Wise Parent* will coach you to raise sexually safe and healthy sons and daughters.

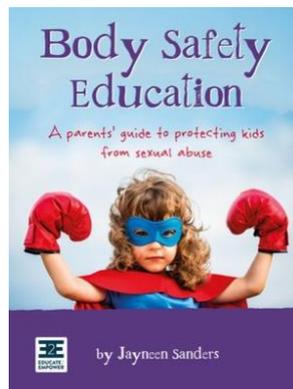
Where to Find:

[Toronto Public Library](#)

[Amazon](#)

[Amazon \(eBook\)](#)

[Chapters](#)



Title: Body Safety Education: A Parent's Guide to Protecting Kids From Sexual Abuse

Author: Jayneen Sanders

Year: 2015

Summary:

A step-by-step guide for parents and carers on how to protect children from sexual abuse through personal Body Safety Education. This guide contains simple, practical, and age appropriate ideas, as well as important information on how abusers groom.

Body Safety knowledge empowers children. It goes a long way in keeping them safe from sexual abuse, and ensuring they grow up as assertive and confident teenagers and adults. There is no downside!

Where to Find:

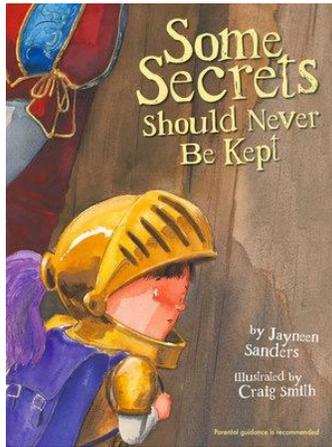
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[Amazon](#)

[Chapters](#)

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Title: Some Secrets Should Never Be Kept

Author: Jayneen Sanders

Year: 2011

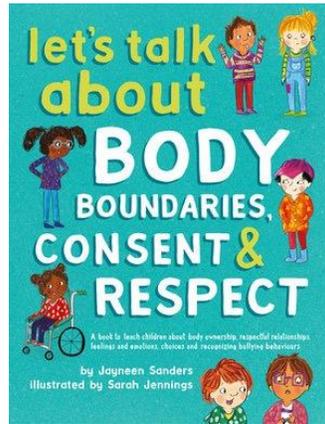
Summary:

Sir Alfred has a terrible secret. A secret that should never ever be kept. But who will poor little Sir Alfred tell? Who can he trust? Remember, some secrets should never ever be kept. This book was written to provide children with essential skills in self-protection, and to encourage them to always speak up. We recommend that children be read this story by a parent or caregiver.

Where to Find:

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Title: Let's Talk About Body Boundaries, Consent & Respect

Author: Jayneen Sanders

Year: 2018

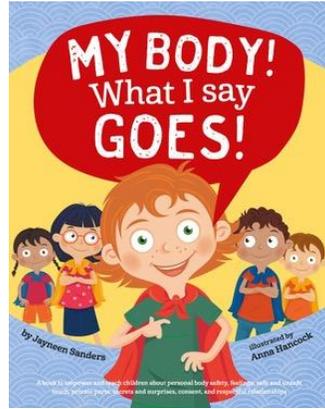
Summary:

Teaching young children about body boundaries, both theirs and others, is crucial to a child's growing sense of self, their confidence and how they should expect to be treated by others. This book explores these concepts with children in a child-friendly and easily-understood manner providing familiar scenarios for children to engage with and discuss.

Where to Find:

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[Amazon](#)
[Chapters](#)

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Title: My Body! What I Say Goes!

Author: Jayneen Sanders

Year: 2016

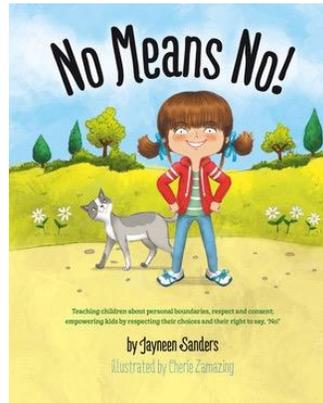
Summary:

A book to empower children about personal body safety, feelings, safe and unsafe touch, private parts, secrets and surprises, consent, and respectful relationships.

Where to Find:

The Gatehouse Library
[Educate 2 Empower Publishing](#)
[Amazon](#)
[Chapters](#)

A special thank you to Educate 2 Empower Publishing for donating this book to The Gatehouse library



Title: No Means No!

Author: Jayneen Sanders

Year: 2015

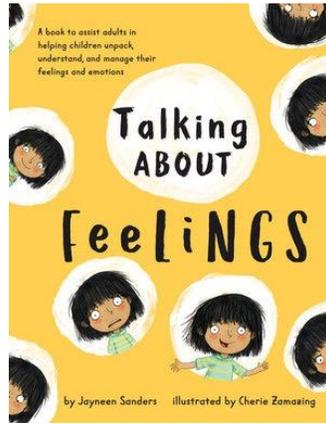
Summary:

Teaching children about personal boundaries, respect and consent; empowering kids by respecting their choices and their right to say, 'No!'

Where to Find:

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[Amazon](#)
[Chapters](#)

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Title: Talking About Feelings

Author: Jayneen Sanders

Year: 2018

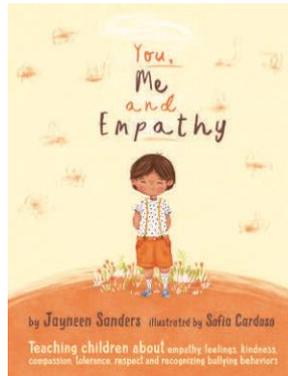
Summary:

This book encourages children to understand and manage their changing feelings and emotions, and to talk confidently about how they are feeling. Providing children with the skills and the words to express their feelings is key to helping them move forward in a positive manner.

Where to Find:

The Gatehouse Library
[Educate 2 Empower Publishing](#)
[Amazon](#)

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Title: You, Me and Empathy

Author: Jayneen Sanders

Year: 2017

Summary:

The charming story uses verse, beautiful illustrations and a little person called Quinn to model the meaning of empathy. Throughout the story, Quinn shows an abundance of understanding, compassion and kindness towards others. Showing empathy towards others is a learnt trait, and one to nurture and cherish with the children in our care.

Where to Find:

The Gatehouse Library
[Educate 2 Empower Publishing](#)
[Amazon](#)
[Chapters](#)

A special thank you to Educate 2 Empower Publishing for donating this book to The Gatehouse library



Title: Resilience

Author: Jayneen Sanders

Year: 2018

Summary:

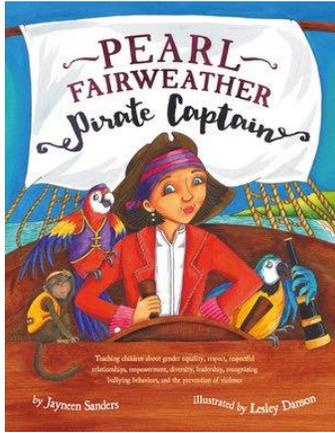
A children's book to encourage resilience, persistence, and to help children bounce back from challenges and adversity.

This charming story uses verse and beautiful illustrations to model resilience, persistence, and the ability to face challenges with tenacity. Children who are resilient are brave, curious, confident and problem solvers. Nurturing these traits in our children will go a long way in helping them face challenges they will encounter throughout their lives.

Where to Find:

The Gatehouse Library
[Educate 2 Empower Publishing](#)
[Amazon](#)

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Title: Pearl Fairweather Pirate Captain

Author: Jayneen Sanders

Year: 2016

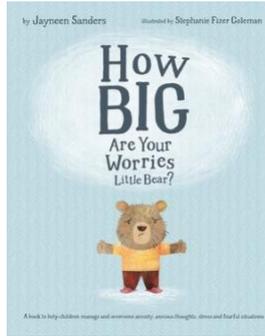
Summary:

Captain Pearl Fairweather is a brave and fair pirate captain. She and her crew, in the good ship Harmony, sail the seven seas in search of adventure. All is well... until the day Captain Sandy McCross sails into their lives and demands to take over Pearl's ship! Teaching children about gender equality, respect, respectful relationships, empowerment, diversity, leadership, recognizing bullying behaviors, and the prevention of violence.

Where to Find:

The Gatehouse Library
[Educate 2 Empower Publishing](#)
[Amazon](#)
[Chapters](#)

A special thank you to Educate 2 Empower Publishing for donating this book to The Gatehouse library



Title: How Big Are Your Worries Little Bear?

Author: Jayneen Sanders

Year: 2018

Summary:

Little Bear is a worrier. He worries about everything! But with Mama Bear's help, he soon learns his worries are not so big after all.

Through this engaging and beautifully illustrated story, children will learn that everyday worries and fears can be overcome. It just takes a willingness to share with a helpful listener, and an understanding that making mistakes is how we learn.

Where to Find:

The Gatehouse Library

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