

The Gatehouse Partners' Program

One-Day Workshop:

Offered for partners (Boyfriend/Girlfriend/Husband/Wife) and support persons (Parents/Friends/Colleagues/Professionals) who are connected with a survivor with childhood sexual abuse that is currently enrolled or who has completed a Gatehouse group program. The one-day workshops explore being the support person of a survivor of childhood sexual abuse (CSA). The support person, and survivor are encouraged to attend together. This introductory session creates the space for support persons (e.g., non-CSA survivors) to actively engage in an experiential, holistic healing journey where both people have their experiences and questions, and insights explored in practical and meaningful ways. This process is based on principles of transformative learning and empathetic learning. You will have the opportunity for personal reflection, the opportunity to talk with others about your reflections, questions, insights, and the ongoing opportunity to explore very specific, practical forms of the whole relationship.

*****An intake appointment is required to attend*****

Workshop Focus: This process grew out of an orientation which focused on the experience of partners or support persons of adults who had experienced the trauma of childhood sexual abuse (CSA). The orientation surfaced a number of key themes: There was a deep expression of wanting to understand what the impact of past trauma could have and was having on their present relationship. There was a deep expression of wanting to understand their role in the healing journey. This process creates the space for support persons to actively engage in an experiential, holistic healing journey where both people have their experiences, and questions, and insights explored in practical and meaningful ways. This process is based on principles of transformative learning and empathetic learning. You will have the opportunity for personal reflection, the opportunity to talk with others about your reflections, questions, insights, and the ongoing opportunity to explore very specific, practical forms of The Whole Relationship. Your relationship can be a catalyst for the surfacing of past trauma(s) and this process of surfacing can be both profoundly transformational and healing, but it can also be expressed through deep struggles. There is no true transformation without a true struggle.

Below are 4 key Workshop themes:

- What is childhood sexual abuse? (CSA)
- What are the experiences for the adult (18+ yrs.) CSA survivor?
- What are the experiences for the support person of the adult (18+ yrs.) CSA survivor?
- What does trauma and the healing journey do to the whole relationship: what is the struggle for both individuals?
- Exploring the impact of trauma resulting from CSA on the whole relationship?

Volunteer Facilitators: Carolyn, Jay, Stewart, and Nicola

Registration/Intake Process:

- To schedule an intake for the next one-day workshop, please contact Paula Cordeiro at: pcordeiro@thegatehouse.org